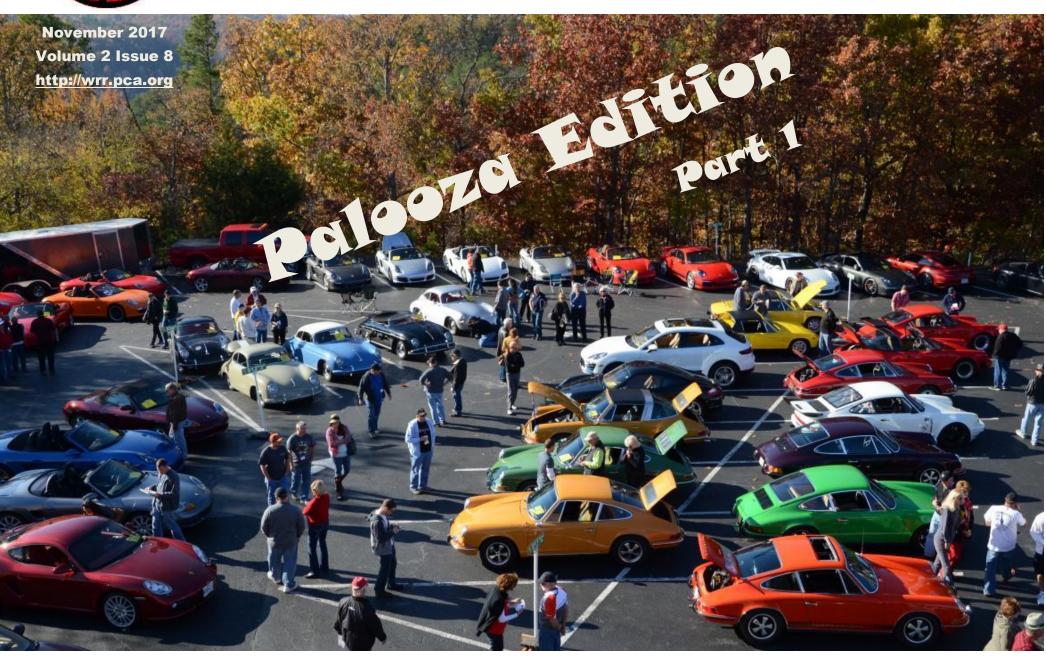


White River Rolling

Published by the White River Region of the Porsche Club of America



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On the Cover: Palooza 2016

2017 Calendar of Events,

November 6: Packet Palooza: 5:00pm at Kelly Miller's office (Mill Creek Software) in downtown Rogers. We need 6-8 people to help with registration envelope preparation for Porsche Palooza. We'll grab a bite to eat when the work is complete. Reach out to Melody if you are able to help out

November 9 - 11: Porsche Palooza!!!

December 9: 5:30 PM WRR Christmas Party. Josh and Miho Sakon have generously offered to host the Christmas party in their home again this year .

July 8 – 15, 2018: Porsche Parade at Lake of the Ozarks Tan-Tar-A Resort in Missouri.

From the "Jealous Editor" Department

"Seen a couple of Porsches, no Ferraris or Lamborghinis. Not going to Marinello" Cary H.



From the Wheel by the Editor

My first Palooza was in 2012 if memory serves. That was the year I got the Boxster and I believe it was the same year for the PCA Escape in Eureka Springs. To be honest I don't remember if it was two separate events or they merged that year. I do remember calling PCA and asking what I would get for my \$75.00 entry fee into the Escape.

The dude proceeded to tell me that I'm getting the camaraderie of fellow Porsche enthusiasts. To which my response was that I had just got back from Sturgis where I had the camaraderie of 500,000 Harley enthusiasts and it didn't cost me \$75.00 to be there. I did pay the \$75 because I wanted to be part of the group and there is a definite camaraderie with Porsche owners. I was a member of the Ozark Lake Region in Springfield at the time because that's where PCA put me. An absolute great bunch of people and met up with several of them at the meet.

The next Palooza was a bit of a letdown for me because my car was in a "shop" in Monett. In hindsight I should have paid the tow bill to Ozark Imports. I was starting to see more familiar faces at the Palooza and could talk somewhat "intelligently" about Boxsters. Subsequently at each Palooza, I have learned more, met more people and have definitely felt being part of one of the greatest car marques. I joined the White River region once I realized they were not based in Little Rock and now this year I get to work the Palooza. Yay me!! As always, I can use some pictures and can someone write up a history of the region?

Keep those cards and letters coming! wrrnews@gmail.com Dave Decker

President's Notes by Leonard Zechiedrich

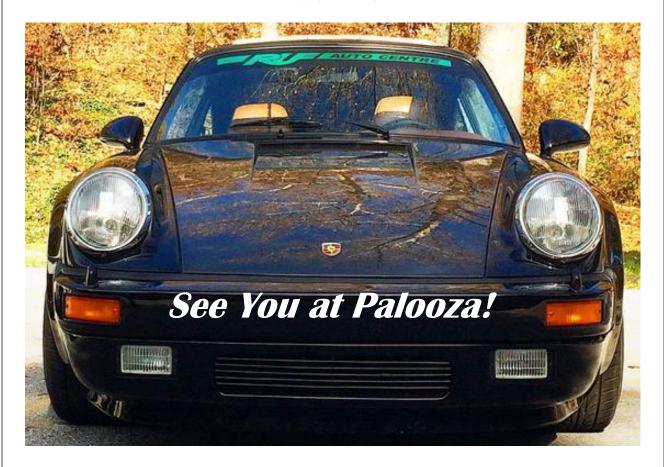
Guten tag White River Region members -

Palooza is almost here! There has been a lot of pre-planning for this event and it promises to be the best one yet. I want to extend a deep appreciation to 2017's sponsors;

Dallas Motorsports, Ozark Imports, K & R Motors, KC Tools, Werks, Garrett Tire and Wurth

I also want to show my appreciation to the great group of volunteers that have planned and replanned to make 2017 Palooza the premier Mid-West Porsche event.

As always, if you are interested in volunteering or contributing in any capacity at Palooza, please reach out to a WRR officer and we will be happy to add you to the team!



Details on my projects can be found at www.the911den.com.





Zone Five Update by Jon Jones

Ctrl-Click for website

Over the past few years, PCA has become increasingly concerned about consistency and fidelity to its insurance guidelines and standards. For an organization that began as a casual venture in Bill Sholar's basement, the seeming march towards increased rules and regulations has struck some members as overkill. Yet, there is a real and important purpose behind this need to ensure all regions comply to the best of their ability with published PCA guidelines: the future of PCA.

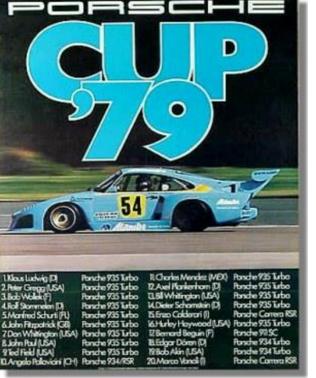
We have touched on the insurance program before, but to recap, PCA is down to one or two major insurance underwriters willing to provide us with a blanket policy – at no additional charge to the regions except for Club Race and Driver's Education – that covers the members, region officers, organizers, volunteers, and other folks involved in putting on our beloved events. This blanket policy is paid at the National level from member dues and represents a tremendous bargain for all of us.

But this bargain depends on financial viability for the insurance underwriter. Some at the National level worry that we are one bad incident away from having our insurance program placed in jeopardy. And without our insurance, PCA would be in grave danger continuing all the great things we enjoy.

Responding to this concern, National has developed and published a series of "guidelines" and "standards" that help ensure each region is aware of and conducts events consistently and within the framework of these publications. Standards exist for DE, were recently published for Tours, and are in the development process for Autocross, for example. In most cases, these guidelines have just formalized good operating practices and procedures that most regions were already doing. But in some cases, they introduce a new wrinkle to the event.

Let's talk about waivers for a minute. We have known for a long time that waivers are a critical process for our events. Everyone recognizes this and willingly "prints and signs" the waiver. What people may not realize however, is that the waiver is a crucial element in protecting PCA and our insurance program from litigation in the event of an incident. Waivers have become so key that most regions are using pre-printed waivers (participant (cont. next page)





name) because in some cases, if the participant printed their name illegibly, we could not legally prove that it was in fact John Doe who signed the waiver. Wristbands: our guidelines require us to have some method in place to ensure and verify that Jane Smith has signed the waiver. Once past Registration, people scatter, so many regions find the easiest thing to do is attach a wristband to the signee. This allows at-a-glance verification for event officials that the waiver has been signed. But some folks chafe a little bit at wearing a wristband on a Tour or at an Autocross, for example, since it may be a small event. I confess as Race Chair and as a Zone Rep, I love wristbands. It is so easy to scan the group and see proof that we have covered our crucial waiver requirement. Other organizers may have a different method, but that works for me.

Finally about waivers – the process for Minor Waivers is a bit more complicated. Individual waivers for each minor attendee must be completed, and in some cases, <u>both</u> parents must sign the waiver. Registrars all over PCA deal with these issues all the time, but they are on the front line and do a great job keeping up with the flux and flow of change.

On the issue of Post-event and Observers Reports, it may not always be convenient to complete these reports, and they may seem redundant. But they demonstrate to the insurance underwriter that we are performing due diligence in conforming to our published guidelines and standards. Remember – these guidelines and standards are ultimately our "promise" to the insurance program that we are doing our level best to conduct safe and secure events. If you are asked to complete an Observer's Report, I hope that you will provide an objective review of the event. We only get better if we know what the problems are.

As long as we continue to do our part in conducting events, we stand an excellent chance of continuing our great insurance program. While the "we've done it for 20 years with no problems" approach may be true, it only takes one time to throw a major wrench in the gears. Let's continue to do our part to help ensure a sound insurance future for PCA.

Each region has dinners, drives and other fun times for all of you, the members of PCA. Get out there and enjoy your friends and your Porsche!

Region and National Membership Stats

by Mike Hays

White River Region Club Members

Primary Members 86
Affiliate Members 50
Life Members 0
Total Members 136

New White River Members in September

Jim Barre Jeff Null James Lickwar

Transfers In

Dan Worrell from Cimarron

Transfers Out

None

PCA National Club Numbers

Primary Members 78653 Affiliate Members 44082 Life Members 17





Bayyari Christmas Project for 2017

By Sharon Hays

This week, I received an email from Stephanie Bentley, the counselor at Bayyari Elementary here in Springdale. Once again, they are looking for help from the community to provide Christmas gifts for the children at the school. Over 90% of the students at Bayyari qualify

for free or reduced lunch. They have so many families in need at the school, they cannot have an Angel Tree. There simply aren't enough families in the school financially able to help out those in need. In another email from Stephanie, she shared with me that they have a hard time getting groups to sponsor the older grades. This would be the fourth year that White River Region has sponsored at least one



grade and provided Christmas gifts for the children of that grade. Each year we have done this, the amount of money donated by our members has nearly doubled compared to the year before. Last year, that meant we had enough money donated to sponsor two grades. We chose Kindergarten and second grade. Further, we had enough funds leftover to give just over \$400 to the school library, benefitting every child in the school (and shocking the librarian speechless.)

I know this project strikes a personal chord with lots of us in the White River Region, for lots of different reasons. My family raised me to help others in any way I can, even if it's something small. My paternal grandmother was the perfect example. She and my



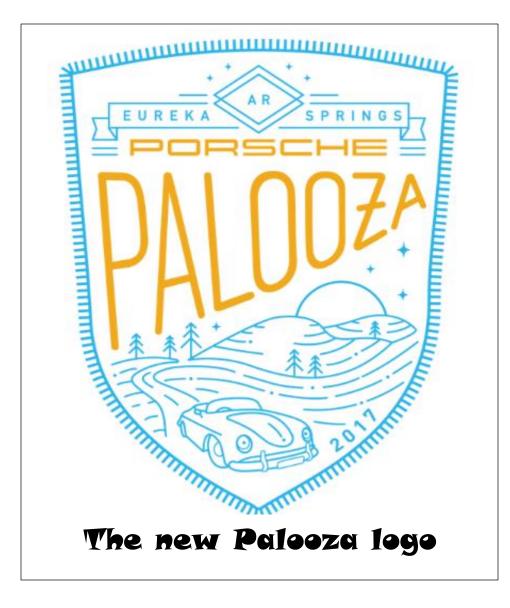
grandfather raised three boys of their own during the Great Depression. My grandfather had a job with Indiana Bell Telephone Co., and was able to provide very well for their family. My grandmother realized most of the neighborhood children were going without milk, and that bothered her. For most of my father's childhood, she spent \$2.40 a day to buy 6 gallons of milk from the milkman, all with my grandfather's blessing. Then she spent time each day baking 9 dozen cookies, because the easiest way to get a child to drink a glass of milk is to give them a cookie first. After school, all the neighborhood children stopped at Mrs. Bailey's house carrying a cup from home for that milk she generously provided. She didn't do it for thanks or for praise, she did it because it was

the right thing to do and what she could manage for those children. I think of her every year as we fill gift bags for the children. We may not be providing them with a huge material gift, but it's what we can manage and they know we care about them.

If you all are willing to take this project on with me again this year, I'd really love for us to sponsor two grades again this year. I'd want to sponsor Kindergarten again, and if we can, I want to sponsor 4th grade. Many of the children in 4th grade this year would have been in the 2nd grade class we sponsored in 2015 (the year Rick Daes was able to come in his Santa suit!!) I hope they'll be excited to see us again. The last day of classes before the holiday vacation is Tuesday, December 19th. We could either schedule delivery of the gifts on that day, or

Friday December 15th. All of this is tentative depending on what the membership wants to do. Please feel free to let me know what you think! Thank you all for all your help with this project over the last three years. Contact mamahays@cox.net





Palooza Planning by Dave Decker

A group of volunteering souls met at the Best Western's convention center, the site for the 2017 Palooza, the afternoon of September 30. The purpose of the meet was to update everyone on the latest and greatest and confirm any final plans. Prez Leonard Zechiedrich spoke about the loss of Springfield Imports as the Palooza's title sponsor thus spurring a discussion

for raising the entry fee.(This has since been remedied by Dallas Motorsports as the new sponsor!) It was agreed to increase the fee to \$50.00 per car. There was also discussion and agreement on increasing the cost for Friday's cookout.

Mike Hays opened up the floor to finalize the different drives and request volunteers for a few open spots and to clarify PCA's requirements on region sponsored drives.

The new Palooza registration website was introduced by Kelly Miller of Millcreek Software. Several new features and fine tuning of the site

was demonstrated. Excellent work!
After adjournment of the meet, the group proceeded to Myrtie Mae's restaurant at the Best Western for dinner. This restaurant is one of the best places to eat in Eureka Springs bar none. The conversations were lively at the tables. One



table in particular did a round of verbal sparring concerning an



indistinguishable delicacy on the salad bar. Most attendees decided it was pimento cheese with one strong willed holdout.(your favorite editor).

I believe the group is ready for the hard work but great time at Porsche Palooza 2017. Hope to you see you there.





What pimento cheese should look like!

Paleeza 2017 Spensors





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K and R

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	Porsche Palooza 2017 Schedule At-a-Glance	* CC = "Convention Center at the Best Western Inn of the Ozarks"		
THURSDAY	Check-in & Packet Pick-up	7 - 9:30 am, 3 - 6 pm, CC Lobby	Palooza 2017 entry fee \$50/car	
11/9	Snacks/coffee in Hospitality Room	7 - 9:30 am, 3 - 6 pm, CC	\$0 - use tickets from goodle bag	
	Wine Country Tour- 210 miles	Check-in 7:15am, Drivers' mtg 7:30, Depart 7:45, Return ~5pm	\$10/car - must pre-register	25 car limi
	Boston Mins. Tour - 190 miles	Check-in 7:45am, Drivers' mtg 8:00, Depart 8:15, Return ~5pm	§10/car - must pre-register	20 car limi
	BW Missouri Tour - 117 miles	Check-in 9:00am, Drivers' mtg 9:15, Depart 9:30, Return ~5pm	\$10/car - must pre-register	10 car limi
	Buffalo River Tour - 166 miles	Check-in 9:15, Drivers' mig 9:30, Depart 9:45, Return ~5pm	§10/car - must pre-register	20 car limi
	Bier und Schokolade Tour - 70 miles	Check-in 10am, Orivers' mtg 10:15, Depart 10:30, Return ~3:30pm	\$10/car - must pre-register	25 car lim
	Cash Bar - Vendors - Goodle Store	3 - 9 pm, CC		
	Bocial Mixer & Dinner	6 - 9 pm; meal served at 6:30pm - CC Banquet Room	\$20/person	
	Ladies "Tea"	~7:30 pm - CC Lower Level	\$0	
FRIDAY	Check-in & Packet Pick-up	7 - 9:30 am, 3 - 6 pm, CC Lobby	Palooza 2017 entry fee \$50/car	
11/10	Snacks/coffee in Hospitality Room	7 - 9:30 am, 3 - 6 pm, CC	\$0 - use tickets from goodle bag	
	Wine Country Tour- 210 miles	Check-in 7:15am, Drivers' mtg 7:30, Depart 7:45, Return ~5pm	\$10/car - must pre-register	25 car lim
	Boston Mtns. Tour - 190 miles	Check-in 7:45am, Drivers' mtg 8:00, Depart 8:15, Return ~5pm	\$10/car - must pre-register	20 car lim
	Oark Tour - 158 miles	Check-in 8:15am, Drivers' mtg 8:30, Depart 8:45, Return ~3:30pm	\$10/car - must pre-register	20 car lim
	BW Missouri Tour - 117 miles	Check-in 8:30am, Drivers' mtg 8:45, Depart 9:00, Return ~5pm	\$10/car - must pre-register	10 car lim
	Dam Castle Tour - 26 miles	Check-in 8:45am, Drivers' mtg 9:00, Depart 9:15, Return ~12:15pm	\$10/person - must pre-register	40 person l
	Buffalo River Tour - 166 miles	Check-in 9:15am, Drivers' mtg 9:30, Depart 9:45, Return ~5pm	\$10/car - must pre-register	20 car lim
	Bler und Schokolade Tour - 70 miles	Check-in 10am, Drivers' mtg 10:15, Depart 10:30, Return ~3:30pm	\$10/car - must pre-register	25 car lim
	Cash Bar - Vendors - Goodle Store - Photo Booth - Raffle Items	3 - 9 pm, CC		
	Tech Quiz (winner announced @ Sat. banquet)	drop-in 5 - 7:00pm (allow 15-30 min.), CC Lower Level	\$0	
	Palooza Fest Cookout & Welcome Party	6 - 10 pm, CC	Item to Donate to Charity	
	Dinner	Served 6 - 8 pm - CC Banquet Room	\$10/person	
	BINGO with prizes, BUNCO with prizes	7 - 9:30 pm - CC Lower Level	\$0	
SATURDAY	Check-in & Packet Pick-up	7:30 - 10 am, CC Lobby	Palooza 2017 entry fee \$50/car	
11/11	Car Wash Station Available	7 am - 3 pm, CC Parking Lot	\$0	
	Bnacks/Coffee in Hospitality Room	7:30 - 9 am, 3 - 6 pm, OC	\$0 - use tickets from goodle bag	
	War Eagle Drive - Group 1 - 73 miles	Drivers' mig 7:50am in CC, Depart 8:00, Return ~11:50am	\$0	
	War Eagle Drive - Group 2 - 73 miles	Orivers' mtg 7:50am in CC, Depart 8:10, Return ~11:50am	\$0	
	Roaring River Drive - 87 miles	Drivers' mig 8:10am in CC, Return ~11am	\$0	
	Kings River Drive - 115 miles	Orivers' mig 8:30am in CC, Return ~12pm	\$0	
	Crystal Bridges Museum Drive - 80 miles	Orivers' mtg 8:45am in CC, Return ~1:15pm	\$0	
	Dam Castle Tour - 28 miles (must pre-register \$10/person, 30 car limit)	Orivers' mtg 9:10am in CC, Return ~12:00pm	\$10/person - must pre-register	40 person l
	"Parade of Porsche Power" Downtown (More Cars = More Fun!!!)	GC Parking Lot; line up @ 1:15; police escort, Return ~2:15pm	\$0	
	Car Shine & Show-"People's Choice" voting - Group Photo	2:30 - 5 pm, CC Parking Lot	\$0	
	Cash Bar - Vendors - Goodle Store	2 - 10 pm, CC		
	Vendors - Goodle Store	7:30 - 10 am, 2 - 6 pm, OC		
	Banquet Dinner - Awards - Door Prizes	6:30 - 9:30 pm, CC Banquet Room	\$45/person - pre-register	
SUNDAY	Farewell Breakfast	7:30 - 9:00 am, CC	\$0 Compliments of Ozark and Cim	amon Region
11/12	Make your hotel accomodations NOW for Palooza 2018	November 8-11, 2018		_

2017 Porsche Palooza Tours



Bier Schokolade

Distance: 70 miles

(1 hr. 40 min. driving time)

Check-in: 10:00 am Drivers' mtg: 10:15 am

Departs 10:30am Return: by 5:00 pm

Depart Eureka Springs and travel down AR23 to AR12, then onto AR127 and back to AR12 into downtown Rogers, AR stopping at the Ozark Beer Co. Lunch will be on your own in downtown Rogers, AR (menus and maps will be provided.) Depart downtown Rogers (time TBD) and head over to the House of Webster (local jam, jelly and specialty food maker) before heading back toward Eureka Springs with a stop at Martin Greer's Candy Store, a three-generation business hand making all kinds of treats.



Boston Mountains

Distance: 190 miles

(4 hr. 20 min. driving time)

Check-in: 7:45 am
Drivers' mtg: 8:00 am
Departs 8:15 a.m.
Return: by 5:00 pm

Take 23S out of Eureka, then AR 12 through Clifty, AR 45 through Hindsville and Goshen, AR265 and AR16 through Fayetteville, wrap around Fayetteville Country Club on AR 156, south on old US 71 through Greenland and Winslow to Artist Point Lookout/Gift Shop/Museum/Restroom, then continue on old US 71 to The Catfish Hole in Alma, following lunch, backtrack a bit to the Lake Fort Smith Visitor's Center, continue north on US 71 to AR74 in Brentwood, continue on AR 74 & 16 to Elkins and Huntsville, the final stretch of the tour is AR 23 north with a brief stop for photos and to stretch legs at Withrow Springs State Park.



Buffalo River

Distance: 166 miles

(3 hr. 49 min. driving time)

Check-in: 9:15 am
Drivers' mtg: 9:30am

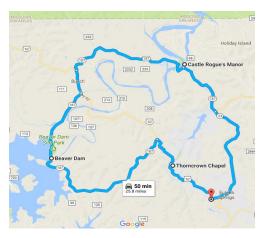
Departs 9:45am Return: by 5:00 pm

Depart Eureka Springs and travel down AR23 to Kings River store (rest stop) then on to AR 21 to AR74 and over Mount Sherman to Jasper for

lunch. Park around the courthouse. Lunch at the Ozark Café around 11:30.

Depart Jasper

around 1:30 and return to Eureka springs through parts of the Ozark National Forest on AR327, AR16, AR103 and AR21.



Dam Castle

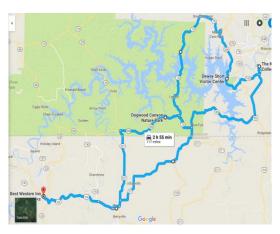
Distance: 26 miles

(50 minutes driving time)

Check-in: 8:45 am
Drivers' mtg: 9:00 am
Departs 9:15 a.m.

Return: by 12:00 pm (-ish)

This is a much shorter loop on AR 23 through downtown Eureka Springs, take a left on AR 187 toward the town of Beaver, tour The Castle Rogue's Manor (45 min tour), continue on AR 187 over the Little Golden Gate bridge and stopfor a brief photo op, follow AR 187 over the Beaver Lake Dam, then return to Eureka Springs on US 62 past the glass Thorncrown Chapel (folks couldstop off here if they wish), lunch on your own once you return to Eureka Springs.



SW Missouri

Distance: 117 miles

(2 hr. 55 min. driving time)

Check-in: 9:30 am
Drivers' mtg: 9:45am
Departs 10:00 am
Return: by 5:00 pm

Depart Eureka Springs and travel US62 to AR 221 to

MO86 then on to Dogwood

Canyon Nature Preserve (rest stop) then continue on MO86 and US65 to the Keeter Center at College of the Ozarks for lunch (around 11:30). After lunch, possible have a walking tour of the college before departing for the Dewey Short Visitor Center (all about Table Rock Lake and Dam) around 2:00. Depart the Dewey Short center around 3:00 and return to Eureka Springs via MO 265, MO 76, MO13, AR 21 and US62. People can have the option to leave the group and head to Branson Landing to shop after lunch instead of the planned route.



Winery

Distance: 206 miles

(4 hr. 39 min. driving time)

Check-in: 7:15am Drivers' mtg: 7:30am

Departs 7:45am Return: by 5:00 pm

Depart Eureka Springs and travel down AR23

to Kings River store (rest stop)

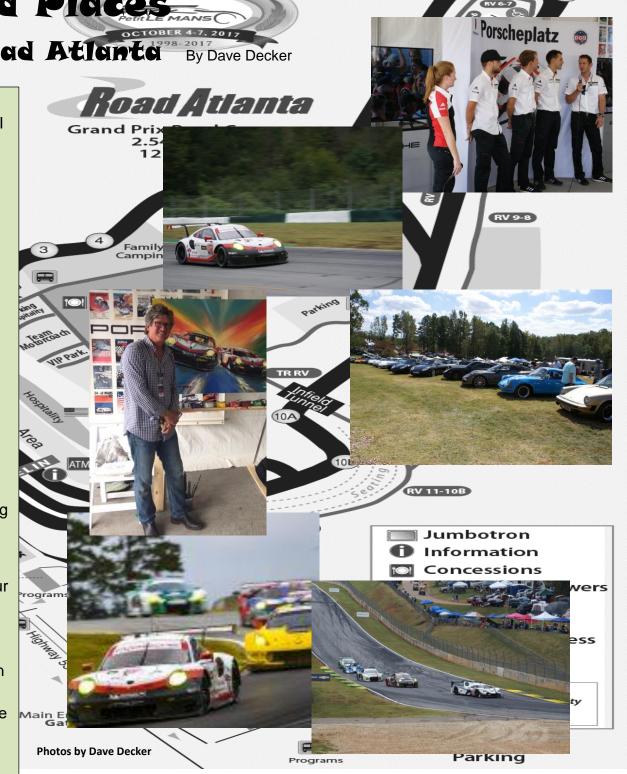
the on to AR 21 to Altus, AR and the Mt. Bethel Winery for a tour and tasting. Move on to the Post Winery for a tour, tasting and lunch (around 11:30) at their restaurant. A quick stop at St. Mary's cathedral in Altus after lunch around 1:30 to take in the view of the AR river valley before heading over to the Chateau Aux Arc Winery for a tasting before returning to Eureka Springs via AR23 aka "the Pig Trail."

The weekend of racing at Road Atlanta on October 6 - 7 got down to one thing; a battle between 6's and 8's. I arrived at the track Friday morning and headed to the Porsche corral. A great thank you to the Atlanta area PCA region for manning the corral and positioning the cars. Great job guys!

PCA National had the Porscheplatz within the corral and everything was positioned on a superb spectator hill by turn 10b. The first order of business was to get registered for the parade lap to be held that afternoon following the last race. Couldn't do it until 4:00!! Geez!

Racing for Friday consisted of the Porsche GT3 Cup, the LMP2 race and the Sports Car Challenge 120. Hearing and seeing all those GT3 literally screaming down a straight is soul stirring. The Porscheplatz had a meet and greet with one of the teams running in the 120 and the factory team which is always cool. The track had a Fan Area to kill time in during the races. Best booth was the Mercedes GL65 hill climb. Climbing and descending 42 degrees made the Wow! list.

Saturday's 10 hour Petit Le Mans race started in a slight drizzle but the rain cleared up after about an hour of racing. It was a constant battle between the Porsche factory teams and the Ford GT's. The BMW M6 blasted out of mid-pack and held the lead for most of the race with factory Corvettes jockeying for position behind it. The Porsches had increased downforce with the engines moved midship but it wasn't enough. In the end of the GTLM class race it was BMW, Corvette, Ferrari 488, Porsches, Ford GT's Next Year!



Porsche People and Places (cont)

Breakfast at Pour Jon's

by Alan and Sherri Lamb

This month's gathering was at POUR JONS in Siloam Springs on Saturday, October 7. It was a beautiful sunny morning. As we arrived in downtown Siloam we spotted an unknown grey 944 circling the block. It was a friend of Mike B. from the Dallas area. He and Sharon compared notes about 944 and 928 gurus they knew and he and I shared experiences about

the Porsche Plano dealer.

Amazing! There are no strangers in a group of Porsche owners. Mike B. had a 914 with orange wheels and lettering on the rocker panels.

was from Leslie and Margie. Their 914 will soon be reassembled - completing

A real blast from the past. The BIG NEWS of the day



a long restoration project. Leslie declared that the car will be sold, so he can get a faster car!!! What else would a long time Porsche owner say.

POUR JONS served up some tasty breakfast sandwiches and scones along with some fabulous coffees and teas. After awhile we all went our separate ways. Downtown Siloam Springs is a happening place for a bite to eat and a stroll. There are funky shops and eateries which make a great destination for a Saturday morning drive.



Devil's Den Cookout 2017

by Sharon Hays

We started out our "refreshingly cool" morning drive at Drake Field. While we were there, we got a glimpse of the Goodyear Blimp sitting on the ground. That thing really is big!! There were only a few brave souls willing to come out in the morning chill to Drake Field: Rich Rulli in his Boxster, Mike in his 928, JC and Ageet Verel in JC's Carrera 2 (you might remember it gracing the cover of last month's newsletter) Kevin Gardner in his Golf R (the 928 is in for repairs, but the Golf is a Porsche Cousin) and me in the Boxster. I even had the top down on the Boxster (I might also have had the heater turned on for my feet.) After gawking at the blimp on the ground and visiting in the parking lot, our little group took the Scenic Route to Devil's Den. Once there, we met up with about 25 folks from Cimarron, and a handful of folks from Ozark as well as several more White River

members and a roaring fire in the pavilion fireplace. One of our newest White River members, Zane Zechiedrich, did his 8 month old best to entertain everyone. The day warmed up and turned out to be as closeto perfect as we could hope. As usual, everyone had a great time and generally ate way too much really good food. This

year that included Porsche cookies baked by Leslie Morse.

Everyone was thrilled with those. Thank you to everyone who made

this event such a success.

On a side note – Mike and Lori Menichetti decided to start the party early and arrived at Devils Den on Saturday.



Tech Tips

Getting Up to Speed



Some drivers seem to get up to speed within a lap or two, while others seem to take forever. It's like they need lap after lap to get into the rhythm before they start turning quick times. If you're slow to get up to speed, you know all too well the problem with that – losing out on part of each session, and not getting in as much practice time as others.

Your mindset, or your state of mind can affect your ability to get up to speed quickly. If you're too intense or wound up, it may take a number of laps to settle down and get into your rhythm; if you're too relaxed, it may be the opposite. You need to find the ideal **performance state of mind** to trigger your ability to get up to speed quickly.

Think back to times when you did get up to speed quickly, or at least went a little quicker than other attempts. What was your

state of mind at that time? Were you relaxed and calm, or energized and intense? Be aware of your state of mind prior to each session on track. Note what it was like when you got up to speed quickly and performed well. Then trigger that state of mind again by replaying how it felt, and the experience.

If you need to relax more, give yourself some time just prior to each session to sit, breathe, feel your muscles letting go and relaxing into your chair. Visualize a very calm scene, and see yourself feeling relaxed in the car.

If you need to raise your intensity level, try physically moving - get your blood flowing - by doing some fast "cross crawls," riding a bicycle, or even just running in place. You can try some shadow boxing, and even yelling. Use your physical state to trigger your mental state.

Then, think fast-fast. Use that as a "trigger" for the future. The more you do this, the more you'll program yourself, and eventually it will become your norm and you'll be known as one of those drivers who gets up to speed quickly. You'll be the **fast-fast** one.

Reprinted from Ross Bentley Winding Road Racing blog



The Sale Barn

2008 Cayman. Red. 5-speed. Bose. 6,600 miles. One owner - purchased new from Porsche of Springfield MO. Never damaged. Always garaged. Absolutely flawless original condition inside and out. Located in Bentonville area. \$28,000. Email Jeff Bassham at JefferyJBassham@gmail.com.

Four 2007 Boxster 18" Factory OEM Wheels and Tires Used Reasonable offers please. These wheels are in excellent condition with absolutely no curb rash or scratches. The 2007 Boxster they came from has only 22,000 miles on it, as do the tires. The rear tires have very little tread, but the front ones have some miles left on them. This sale is predominantly for the wheels. Also included are lug nuts, lock key and center caps. What you see in the



photos is what you get! **BUYER IS RESPONSIBLE FOR FITMENT!** It is the responsibility of the bidders / buyers to confirm fitment on their model with an expert "before" purchase. Some vehicles may require spacers and/or modifications at buyer's expense. Jeff Williams jallen@parallaxstudio.com

The Tool Shed



928 S4 flywheel lock

"Kempf" timing belt tension checker (for 928)

A/C vacuum pump

R134a Gauge set

Oil pressure/transmission pressure gauges and adaptors

1000lb engine support bar

1000lb Transmission scissor jack

Mike Hays ammonman@cox.net

Baum Tools B9612K M96 Timing Kit

Coolant flush kit

Dave Decker wrrnews@gmail.com







Took this Guard Red cab for a couple of laps around the Ring. It cost me a buck and a half in quarters but it was worth it. I don't know how fast I was going but my lap times were just under two minutes.